

C2
B1
Control

an outsole including a projected portion having a ground-contact surface formed thereon, said outsole including a heel portion and a forefoot portion; and

a plurality of spikes located on the heel portion and the forefoot portion of said outsole, each of said plurality of spikes including a disk shaped portion and a plurality of pins and having a ground-contact portion made of a molded rubber material having a JIS-C hardness in the range from 35 to 95 and an elongation at break of 280% or more; said molded rubber material contains 30 wt% or more of polybutadiene as a rubber component thereof; the difference (h1-h2) between a projected height h1 of said spike and a projected height h2 of said projected portion is in the range from 0mm to 15mm; and a difference (C1-C2) between a hardness C1 of the ground contact portion of the spike and a hardness C2 of the projected portion measured by JIS-C is in the range from 5-80.

504
C4

4. (TWICE AMENDED) A shoe, comprising:

an outsole including a projected portion having a ground-contact surface formed thereon, said outsole including a heel portion and a forefoot portion ; and

B2

a plurality of spikes located on the heel portion and the forefoot portion of said outsole, each of said plurality of spikes including a disk shaped portion and a plurality of pins and having a ground-contact portion made of a molded rubber material having a JIS-C hardness in the range from 35 to 95 and an elongation at break of 280% or more; said molded rubber material contains 30 wt% or more of acrylonitrile-butadiene copolymer as a rubber component thereof; the difference

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(h1-h2) between a projected height h1 of said spike and a projected height h2 of said projected portion is in the range from 0mm to 15mm; and a difference (C1-C2) between a hardness C1 of the ground contact portion of the spike and a hardness C2 of the projected portion measured by JIS-C is in the range from 5-80.